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Psychology For Dummies
Psychologists don't stop at the intersection of stress, disease, and coping. They're also attempting to apply what they know about human behavior and mental processes to the problems of health in general. They're looking for ways to keep people physically well and trying to find out how people's behavior contributes to illness.

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Psychology For Dummies is a fun, user-friendly guide to the basics of human behavior and mental processes. In plain English—and using lots of everyday examples—psychologist Dr. Adam Cash cuts through the jargon to explain what psychology is all about and what it tells you about why you do the things you do.

Amazon.com: Psychology For Dummies (8601200469219): Cash ...
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Psychology basically attempts to uncover what people do along with why and how they do it. Studying everyday behavior and mental processes are the focus of psychology much of the time. But sometimes the stresses of life can seem overwhelming, and in those cases people need help right away.

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Cognitive Psychology For Dummies 1, Hills, Peter J., Pake ...
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Human Development for Dummies | Psychology Today
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8 Basic Psychology Facts You Should Know
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Overview of Psychology for Beginners
Editions for Psychology for Dummies: 0764554344 (Paperback published in 2002), (Kindle Edition published in 2013), 1118603591 (Paperback published in 201...

Editions of Psychology for Dummies by Adam Cash
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